

Course Title	Introduction to Oil Painting
Tutor	Eigil Nordstrøm
Day & time	Saturdays, 2pm - 4.30pm
Dates	01/10/2016 - 03/12/2016
Course Code	SAT1602037
Level	Beginners
Cost	£250



What is this course about?

A structured and systematic course for those who have never painted before and for those who want to reinforce their basic oil skills or to move on to using oil paints having used acrylics or water-based media. Students learn to see colour, shape and tone, and to relate these elements together in compositions with access to a life model. This course aims will nurture self-confidence and enjoyment of painting in a stimulating, fun and relaxing environment. It is an ideal course for beginners as there is plenty of guidance from the tutor.

What topics do we cover?

- Lay out a basic palette
- Working with a limited tonal palette
- Handling paint
- Laying down a tonal ground
- Drawing out and under-painting
- Glazing and paint mediums
- Understanding colour and mixing
- Understanding composition
- How to take a painting to completion

By the end of this course you will: understand how to use oil paints. Be able to undertaking painting alone. Understand how to mix colours, and have a good understanding of colour theory. Have an understanding of tone, composition, handling paint, and more. Have a number of paintings to take home.

About your tutor

Eigil Nordstrom is a Norwegian painter currently based in London. He studied with Peter Sutton in Norway, and Hans-Peter Szameit in Sweden, before completing the Diploma in Painting at The Art Academy, where he was the Wolfendale Patron's Prize winner of 2011. He has a wide experience in teaching drawing and painting, has exhibited both in the UK and Norway, and has recently completed an MA in Fine Art at the City & Guild's School of Art.

What level is the course and do I need any particular skills?

The course is for beginners, so no previous experience is necessary and is ideal for those who are looking to build confidence in their painting.

How will I be taught, and what feedback and support will I get?

Your experienced tutor will support you throughout the course in both group sessions and one-to-one support providing regular feedback, critique and constructive advice. Each course ends in a final round up session and should you wish for any specific feedback or support, please speak with your tutor at the start of your course.

When I've finished, what course can I do next?

There are a variety of courses available as short courses over the Easter and the Summer holidays, also a wide range of evening classes, such as Intermediate Painting, Painting the Human Figure, Saturday Open Life Class, Life Drawing etc.

If you have more time available huge development can be made in your practice by attending one of our part time day classes in sculpture or the sculpture certificate programme. Please see all the options available on our web site.

<http://artacademy.org.uk/short-courses/>

<http://artacademy.org.uk/part-time/certificate>

<http://artacademy.org.uk/part-time/>

Are there any other costs? What else should I bring each week?

The Academy is a white spirit free environment only odorless spirits, such as Zest-it or Sansodor, are permitted on the premises for oil classes. We recommend that you bring a jar with a lid to store your odorless solvent in.

Everyone needs to bring with them:

1 jar with lid (old jam jar)

1 jar without lid

A few cloth rags

You will need to bring your own painting materials to the class, which you can store at The Art Academy for the duration of the course. If you do not have your own materials, we recommend you order an **Oil Painting Pack** at the time of booking which will be available when you arrive for your first class. There is a mini shop in the studio that supplies the basics such as canvas boards, paints, Zest-it etc.

An **Oil Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics.

One tear off palette (9"x12").

One palette knife.

One bottle Zest-it (250ml)

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

6 Daler Rowney oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber.

Daily breakdown

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. Below is a daily breakdown of what will be covered. Bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

Week	Date	Topic/skills covered	Location/ Tutor	What to bring	Model
1	21 Jan	Working with a limited tonal palette, students will practice handling oil paint. Using still life students will learn how to draw out the form and develop a basic tonal under painting.	Studio 5 Eigil Nordstrøm	Old clothes and your materials	No
2	28 Jan	We will start to understand how to handle colour and basic colour theory.	Studio 5 Eigil Nordstrøm	Old clothes and your materials	No
3	04 Feb	Looking at colour mixing in practice students will make a copy of a portrait by another artist.	Studio 5 Eigil Nordstrøm	Old clothes and your materials	No
4	11 Feb	Working with still life and imagination, students will explore composition.	Studio 5 Eigil Nordstrøm	Old clothes and your materials	No
5	18 Feb	Working with a limited palette, students will practice handling oil paint. Working from the life model students will explore mark making and volume.	Studio 5 Eigil Nordstrøm	Old clothes and your materials	Yes
6	25 Feb	Working over two weeks students will develop a portrait painting.	Studio 5 Eigil Nordstrøm	Old clothes and your materials	Yes
7	04 Mar	Continuing portrait painting from previous week	Studio 5 Eigil Nordstrøm	Old clothes and your materials	Yes
8	11 Mar	Using all the accumulated skills students will develop their own Painting.	Studio 5 Eigil Nordstrøm	Old clothes and your materials	No
9	18 Mar	Using all the accumulated skills students will develop their own Painting.	Studio 5 Eigil Nordstrøm	Old clothes and your materials	No

10	25 Mar	Using all the accumulated skills students will develop their own Painting.	Studio 5 Eigil Nordstrøm	Old clothes and your materials	No
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Welcome to The Art Academy

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. To help ensure you are fully prepared and make the best of your time with us you will find lots of information in this pack that will help. If at any time you would like to speak to a member of the team please feel free to contact us using the details below.

We value feedback on all of our courses so please keep us posted on your progress.

Who can I contact for further information?

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 207407 6969
 Email: info@artacademy.org.uk

Location

The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations. Please follow signs for Borough High Street to exit. Please [click here](#) for a map.

Just moments walk from the Thames; The Art Academy is also ideally located for access to:

- White Cube
- Tate Modern
- Jerwood Gallery

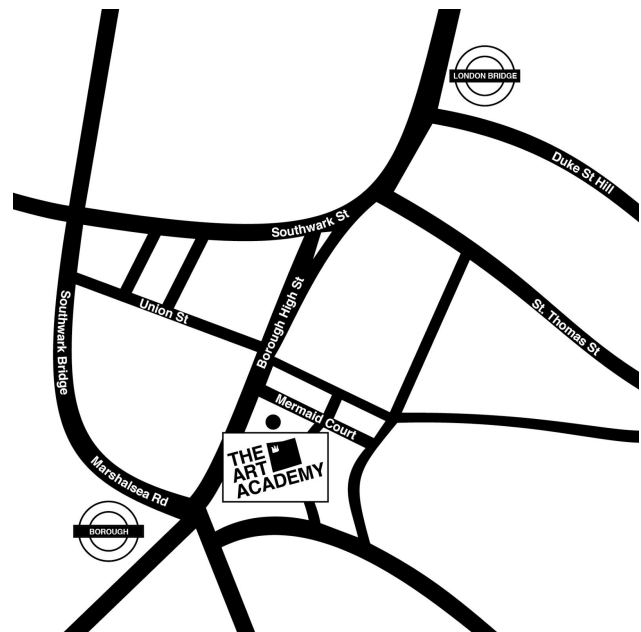
If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.

Mermaid Court
 165A Borough High Street
 London SE1 1HR

Refreshments & Facilities

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world-famous Borough Food Market.



Should you have any access requirements it may be possible to have access to a lift for those unable to use stairs. Please speak to a member of the Academy team before your course starts.

Further Details

- o You will need to have paid in full for your class before the first session of your class, your place is not guaranteed until we have received payment.
- o If you purchased a pack online this will be given to you on the first session of your course upon your arrival.
- o Ensure that you wear old clothing, as you may get messy!
- o All artwork at the Academy MUST be taken home at the end of the course.
- o Please ensure that your mobile phone is switched off, or is on silent, during the class.
- o Please read the Health and Safety Guidelines carefully, provided at the beginning of your course.
- o If you wish to join any class for the next term please contact the office to re-book. Classes are becoming increasingly popular, so please book early in order to guarantee your place.
- o If you have any further queries let us know and we will do our best to resolve them. Thank you for your co-operation, we look forward to seeing you on the first day of term.