

Daily breakdown

Week	Date	Topic/skills covered	Model
1	3 Oct	The first week includes an introduction to the course and a review of basic skills, including simple colour theory, palette control, tonal painting, form and mass. We finish with a study of a simple still life arrangement.	No
2	10 Oct	This week, we will produce a more in depth painting study of a complex still life arrangement, which includes a range of textures, complementary colours, depth and perspective.	No
3	17 Oct	A two week life model pose, allowing development of a longer painting describing the volume of the figure and working with flesh tones; exploring the figure situated in the space of the studio	Yes
4	24 Oct	A two week life model pose, allowing development of a longer painting describing the volume of the figure and working with flesh tones; exploring the figure situated in the space of the studio	Yes
5	31 Oct	This week we investigate the self portrait, using mirrors. We will discuss the particular qualities and issues arising when painting the head, and focus on colour contrast and gesture to develop a strong and expressive image.	No
6	7 Nov	Drawing inspiration from other artists' work. We will discuss the composition and techniques of a range of paintings, discovering how they work and how we can use similar techniques in our paintings.	No
7	14 Nov	From this week, we will develop our own projects, turning an idea into paint. Students bring in inspiring objects / images / paintings that they wish to explore further and develop into a theme through which to make paintings.	No
8	21 Nov	Developing our own projects, turning an idea into paint. Students bring in inspiring objects / images / paintings that they wish to explore further and develop into a theme through which to make paintings.	No
9	28 Nov	Developing our own projects, turning an idea into paint. Students bring in inspiring objects / images / paintings that they wish to explore further and develop into a theme through which to make paintings.	No
10	5 Dec	Developing our own projects, turning an idea into paint. Students bring in inspiring objects / images / paintings that they wish to explore further and develop into a theme through which to make paintings.	No

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. Please bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

Are there any other costs? What else should I bring each week?

The Academy is a white spirit and turpentine free environment and only odourless spirits, such as Zest-it or Sansodor, are permitted on the premises. Students must provide their own spirits, which can be recycled for longevity.



We request that you bring 1 small jar with a lid to hold your solvent in and a few cloths rags (such as an old cotton t-shirt).

You will need to bring your own painting materials to the class, which you can store at The Art Academy for the duration of the course. If you do not have your own materials, we recommend you order an Oil Painting Pack at the time of booking, which will be available when you arrive for your first class. There is also a mini shop in the studio that supplies the basics such as canvas boards, paints, Zest-it etc. (cash purchases only).



An Oil Painting Pack (£50.00) contains:
A set of bristle brushes, both flat and round, suitable for either oils or acrylics
One tear off palette (9"x12")
One palette knife
One bottle Zest-it (250ml)
One 10" x 12" canvas board
One 10" x 14" canvas board
Two 12" x 16" canvas boards
6 Daler Rowney (*Georgian*) oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber