



Course Title	Painting for Beginners
Tutor	Eigil Nordstrøm
Day & time	Wednesday, 6.30 - 9.00pm
Dates	26 July - 27 Sept 2017
Course Code	EC1604113
Level	Beginners
Cost	£250



What is this course about?

This is a well-structured and systematic course for those who have never painted before or want to reassess their approach to painting. Students learn to see colour, shape and tone, and to relate all these elements together in compositions. This course aims to foster self-confidence and enjoyment of painting in a stimulating environment. Working through a series of exercises you will gain experience and skills in painting still life, self portrait and the interior. Whilst also exploring a more creative approach to painting, helping you establish your own style and identity. This course is a fun and relaxing experience, offering plenty of guidance from the tutor.

What topics do we cover?

- Principles of tone, handling highlight, mid-tone and shadow
- Understanding and mixing colour
- Working from 3D.
- Looking at the importance of composition in a painting.
- How to get texture with acrylics and effects that can be created.
- Self portraits/human face.
- Working from 2D, creating personal imagery.

By the end of this course you will: have a good understanding of the basic techniques in painting. Be able to competently mix colours. Set up a strong composition. Have the confidence to undertake paintings alone. Have a selection of paintings to take home.

About your tutor

Eigil Nordstrom is a Norwegian painter currently based in London. He studied with Peter Sutton in Norway, and Hans-Peter Szameit in Sweden, before completing the Diploma in Painting at The Art Academy, where he was the Wolfendale Patron's Prize winner of 2011. He has a wide experience in teaching drawing and painting, and has exhibited both in the UK and Norway since graduating with an MA in Fine Art from the City & Guilds of London Art School. Recent awards include the ArtGemini Prize 2014 and the Art Clubs Charitable Trust Award at the NEAC 2014.

What level is the course and do I need any particular skills?

The course is for beginners, so no previous experience is necessary and is ideal for those who are looking to build confidence in their painting.

How will I be taught, and what feedback and support will I get?

Your experienced tutor will support you throughout the course in both group sessions and one-to-one support providing regular feedback, critique and constructive advice. Each course ends in a final round up session and should you wish for any specific feedback or support, please speak with your tutor at the start of your course.

When I've finished, what course can I do next?

There are a variety of courses available as short courses over the Easter and the Summer holidays, also a wide range of evening classes, such as Intermediate Painting, Introduction to Oils, Painting for Beginners - the expressive approach, Saturday Open Life Class (this is a drop in class) or figure sculpture etc.

If you have more time available huge development can be made in your practice by attending one of our part time day classes in sculpture or the sculpture certificate programme. Please see all the options available on our web site.

<http://artacademy.org.uk/short-courses/>

<http://artacademy.org.uk/part-time/certificate>

<http://artacademy.org.uk/part-time/>

Are there any other costs? What else should I bring?

You will need to bring your own painting materials to the class, which you can store at The Art Academy for the duration of the course. If you do not have your own materials, we recommend you order an **Acrylic Painting Pack** at the time of booking, which will be available when you arrive for your first class. There is also a mini shop in the studio that supplies the basics such as canvas boards, paints, Zest-it etc. (cash purchases only).

An **Acrylic Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics

One tear off palette (9"x12")

One palette knife

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

8 Daler Rowney (*System 3*) acrylic tubes: Mars Black, Titanium White, Cadmium Red, Cadmium Yellow, Ultramarine Blue, Burnt Umber, Sap Green and Yellow Ochre

Daily breakdown

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. Below is a daily breakdown of what will be covered. Please bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

Week	Date	Topic/skills covered	Location	What to bring	Model
1	26 July	Tone How to start a painting and working on a coloured ground. Painting a still life using tones of grey/black & white, focusing on light and shade.	Studio 4	Old clothes, small canvas brushes, pallet, pallet knife, Paints: Ultra Marine Blue, Burnt Umber, Titanium White.	No
2	2 Aug	Colour Understanding how colour works looking at colour relativity, complementary colours, mixing neutral colours.	Studio 4	Old clothes, all painting materials.	No
3	9 Aug	Interior & Texture Use the studio environment as the subject for more creative painting, whilst also discovering how to get different textures using paint mediums.	Studio 4	Old Clothes, all painting materials.	No
4	16 Aug	Still Life Work on one painting using colour over two weeks, combining what was learnt about tone and colour in the previous weeks.	Studio 4	Old Clothes, all painting materials.	No
5	23 Aug	Still Life Work on one painting using colour over two weeks, combining what was learnt about tone and colour in the previous weeks.	Studio 4	Old clothes, all painting materials	No
6	30 Aug	Portraits Looking at varied examples of portrait paintings and the use of tone, colour and mark-making to paint a convincing and exciting image. Selecting an example to copy to practice mixing flesh colours and gain confidence painting a head.	Studio 4	Old clothes, all painting materials	No

7	6 Sep	Self Portrait Two week self portrait. Focusing on the structure of the head in this lesson.	Studio 4	Old clothes, all painting materials	No
8	13 Sep	Self Portrait Continuation of two week self portrait. Developing the colour and painting the features.	Studio 4	Old clothes, all painting materials	No
9	20 Sep	Photographs In this session students will be asked to bring in an image that they would like to base a painting on. The class will look at how to work from photos to create a painting of a more personal nature.	Studio 4	Photos/images to work from. Old clothes, all painting materials	No
10	27 Sep	Photographs Continue and finish the painting started in the previous week.	Studio 4	Photos/images to work from. Old clothes, Drawing and painting materials	No

Welcome to The Art Academy

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. To help ensure you are fully prepared and make the best of your time with us you will find lots of information in this pack that will help. If at any time you would like to speak to a member of the team please feel free to contact us using the details below.

We value feedback on all of our courses so please keep us posted on your progress.

Who can I contact for further information?

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 207407 6969

Email: rebecca@artacademy.org.uk

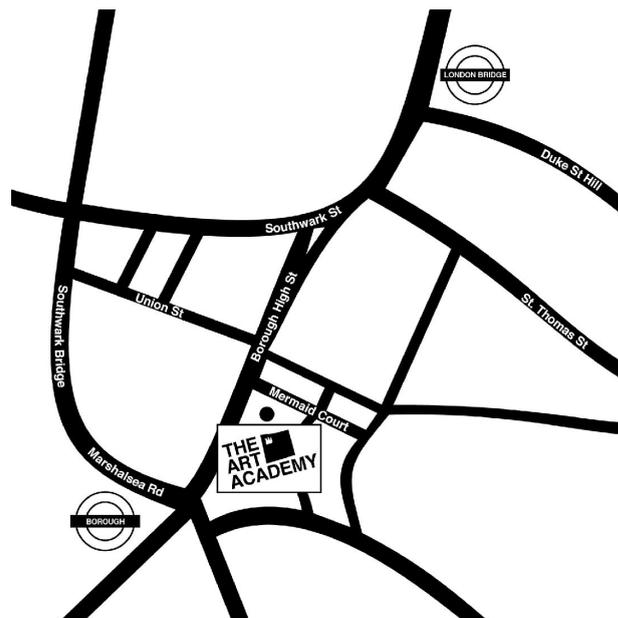
Location

The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations. Please follow signs for Borough High Street to exit. Please [click here](#) for a map.

Just moments walk from the Thames; The Art Academy is also ideally located for access to:

White Cube
Tate Modern
Jerwood Gallery

If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.



Refreshments & Facilities

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world-famous Borough Food Market.

Should you have any access requirements it may be possible to have access to a lift for those unable to use stairs. Please speak to a member of the Academy team before your course starts.

Further Details

- o You will need to have paid in full for your class before the first session of your class, your place is not guaranteed until we have received payment.
- o If you purchased a pack online this will be given to you on the first session of your course upon your arrival.
- o Ensure that you wear old clothing, as you may get messy!
- o All artwork at the Academy MUST be taken home at the end of the course.
- o Please ensure that your mobile phone is switched off, or is on silent, during the class.
- o Please read the Health and Safety Guidelines carefully, provided at the beginning of your course.
- o If you wish to join any class for the next term please contact the office to re-book. Classes are becoming increasingly popular, so please book early in order to

guarantee your place.

- o If you have any further queries let us know and we will do our best to resolve them.

