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| Course Title | Introduction to Oil Painting   |
| Tutor        | Katharine Prendergast  |
| Day & time   | Monday - Friday, 10.00 – 5.00pm  |
| Dates        | 03/04/2017 - 07/04/2017  |
| Course Code  | SC1603037  |
| Level        | This class is suitable for those aged 17 or over. Complete beginners welcome |
| Cost         | £310   |



### **What is this course about?**

A well-structured and systematic course for those who have never painted before or want to start from the beginning. Students learn to see colour, shape and tone and relate all these elements together through composition. This course aims to foster self-confidence and enjoyment of painting in a stimulating community environment. There will be work from both still life and life models. Students will learn how to handle oil paint and understand different ways of approaching painting. Throughout the course students will learn from works of many artists to improve their development. There is plenty of guidance from the tutor and the course is fun and relaxed.

### **What topics do we cover?**

- Handling light and shadow
- Laying out a basic palette
- Understanding of how colour works in painting
- Different applications of paint
- A methodical approach
- Handling composition
- How to paint a portrait
- Abstraction of a photo
- Develop visual observation

**By the end of this course you will:** understand how to use oil paints. Be able to undertake painting alone. Understand how to mix colours, and have a good understanding of colour theory. Have an understanding of tone, composition, handling paint, and more. Have a number of paintings to take home.

### **About your tutor**

Katharine Prendergast is a practising artist who lives and exhibits in London. She studied at St Oswald's School of Painting and City and Guilds School of Art. She has been teaching at The Art Academy since 2008. You can view selected works at [www.katharineprendergast.com](http://www.katharineprendergast.com)

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### **What level is the course and do I need any particular skills?**

The course is for beginners, so no previous experience is necessary and is ideal for those who are looking to build confidence in their painting.

### **How will I be taught, and what feedback and support will I get?**

Your experienced tutor will support you throughout the course in both group sessions and one-to-one support providing daily feedback, critique and constructive advice. Each course ends in a final round up session and should you wish for any specific feedback or support, please speak with your tutor at the start of your course.

### **When I've finished, what course can I do next?**

There are a variety of courses available as short courses over the Summer holidays, also a wide range of evening classes, such as Intermediate Painting, Portrait Painting, Saturday Open Life Class (Drop-In), Life Drawing etc.

If you have more time available, huge development can be made in your practice by attending one of our part time day classes in sculpture or the sculpture certificate programme. Please see all the options available on our web site.

<http://artacademy.org.uk/short-courses/>

<http://artacademy.org.uk/part-time/certificate>

<http://artacademy.org.uk/part-time/>

### **Are there any other costs? What else should I bring each lesson?**

The Academy is a white spirit and turpentine free environment and only odourless spirits, such as Zest-it or Sansodor, are permitted on the premises. Students must provide their own spirits, which can be recycled for longevity. We request that you bring 2 small jars (one with a lid, one without) to hold your spirit, and a few cloths rags for brush cleaning (such as an old cotton t-shirt).

You will need to bring your own painting materials to the class, which you can store at The Art Academy for the duration of the course. If you do not have your own materials, we recommend you order an **Oil Painting Pack** at the time of booking, which will be available when you arrive for your first class. If you are **bringing your own materials** Katharine has written a list of what you will need for the course. There is also a mini shop in the office that supplies the basics such as canvas boards, paints, Zest-it etc. (cash purchases only).

An **Oil Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics

One tear off palette (9"x12")

One palette knife

One bottle Zest-it (250ml)

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

6 Daler Rowney (*Georgian*) oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber

If you are **bringing your own materials** Katharine has written a list below of what to bring:

- A few hog hair brushes (Varied sizes)
- A few synthetic oil brushes (Varied sizes)

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- A palette. Wooden or tear off are both fine. Flat ones are best, no wells. Medium or large size are easier to work with.
- A palette knife. Diamond shape, off set is best.
- Odourless spirit, Sansodor or Zest-it
- 2 Jam Jar with lid
- A few cloth rags (old bed sheet or clothing torn up will do)
- Baby wipes or wet wipes
- Oil Paint colours:
  - Titanium White
  - Cadmium Yellow
  - Lemon Yellow
  - Alizarin Crimson
  - Cadmium Red
  - Ceruleum/Cerulean/Coeruleum blue
  - French Ultramarine Blue
  - Burnt Umber
- Stretched canvas, primed gesso wooden panels or canvas board are all good surfaces to paint onto. You will need at least 6 surfaces for the course, sizes for each painting are very flexible. Below is a list of sizes you can use as a rough guide:
  - 10"x 12"
  - 10"x 14"
  - 12"x 16"
  - 12"x 14"
  - 14"x 16"
  - 17"x 20"

### Daily breakdown

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. Below is a weekly breakdown of what will be covered. Please bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

| Day | Date     | Topic/skills covered  | Location & Tutor                  | What to bring   | Model   |
|-----|----------|---|-----------------------------------|---|---------|
| 1   | 03 April | <p><b>Tone</b><br/>Starting with a demonstration the day will begin with an instructive introduction to painting. We will looking at how to start a painting and handle paint whilst translating what we see onto canvas.</p> <p><b>AM Still Life:</b> Using a limited pallet to make a simple painting of a still life to understand light, shadow, shape and contrast.</p> <p><b>PM Life Painting:</b> A fun introduction to oil paint working from the life model. Continuing with the same limited pallet exploring mark making and volume.</p> | Studio 2<br>Katharine Prendergast | Old clothes,<br>Painting materials,<br>A cloth rag,<br>Wet Wipes<br>1 small canvas or board,<br>1 small/medium canvas or board. | PM only |

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| 2 | 05<br>April | <p><b>Colour</b></p> <p>The day will start with an introduction to colour, learning about how colour works and colour relativity. Then combining this with what was learnt on the first day, students will do a painting of a still life in full colour. In this session students are encouraged to get involved in the setup of the still life. The word "still-life" has a broad meaning, and the idea is to set up something that is of interest and excitement to the individual, opposed to the 'traditional still-life'.</p> | Studio 2<br>Katharine<br>Prenderg<br>ast | Old clothes,<br>Painting materials,<br>A cloth rag,<br>Wet Wipes<br>1 small/medium<br>canvas or board. | No     |
| 3 | 05<br>April | <p><b>Abstraction</b></p> <p>Working from images that resonate with you, the aim will be to create an abstract painting that is born from the key elements of what excites you about your chosen images. These could be photos you have taken, cuttings from magazines or newspapers or photos you have found online. Students will be encouraged to enjoy the process of painting working towards a more free and fluid artwork. As a group we will discuss other artist work for guidance and inspiration.</p>                   | Studio 2<br>Katharine<br>Prenderg<br>ast | Old clothes,<br>Painting materials,<br>A cloth rag,<br>Wet Wipes<br>1 medium canvas<br>or board.       | No     |
| 4 | 06<br>April | <p><b>Portrait</b></p> <p>Students will learn how to develop a portrait from sketch to completion with the luxury of two portrait models. Students will be taught what information is necessary to focus on when painting a portrait, as well as exploring composition, paint application and other artists work for inspiration.</p>  | Studio 2<br>Katharine<br>Prenderg<br>ast | Old clothes,<br>Painting materials,<br>A cloth rag,<br>Wet Wipes<br>1 large canvas or<br>board.        | Yes x2 |
| 5 | 07<br>April | <p><b>Interior</b></p> <p>We will use the studio environment as the subject for more creative painting. Students will be encouraged to use their imagination constructing a painting that is of interest to them.</p>  | Studio 2<br>Katharine<br>Prenderg<br>ast | Old clothes,<br>Painting materials,<br>A cloth rag,<br>Wet Wipes<br>1 large canvas or<br>board.        | No     |

### Welcome to The Art Academy

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. To help ensure you are fully prepared and make the best of your time with us you will find lots of information in this pack that will help. If at any time you would like to speak to a member of

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the team please feel free to contact us using the details below.  
We value feedback on all of our courses so please keep us posted on your progress.

### Who can I contact for further information?

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 207407 6969

Email: [info@artacademy.org.uk](mailto:info@artacademy.org.uk)

### Location

The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations. Please follow signs for Borough High Street to exit. Please [click here](#) for a map.

Just moment's walk from the Thames; The Art Academy is also ideally located for access to:

White Cube  
Tate Modern  
Jerwood Gallery

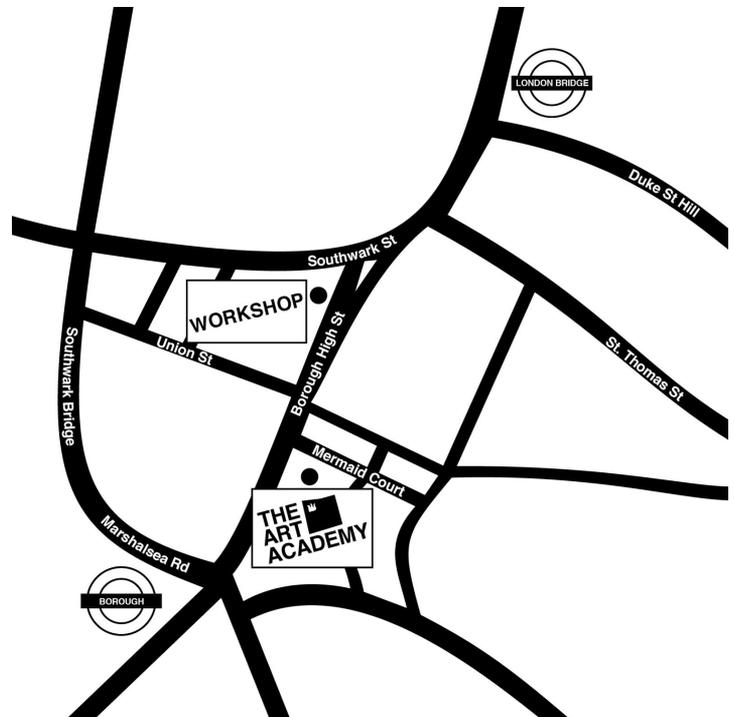
If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.

### Refreshments & Facilities

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world-famous Borough Food Market.

Should you have any access requirements, please speak to a member of the Academy team before your course starts.



### Further Details

- o You will need to have paid in full for your class before the first session of your class, your place is not guaranteed until we have received payment.
- o If you purchased a pack online this will be given to you on the first session of your course upon your arrival.
- o Ensure that you wear old clothing, as you may get messy!

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- o All artwork at the Academy MUST be taken home at the end of the course.
- o Please ensure that your mobile phone is switched off, or is on silent, during the class.
- o Please read the Health and Safety Guidelines carefully, provided at the beginning of your course.
- o If you have any further queries let us know and we will do our best to resolve them.
- o Please bear in mind if you are coming from overseas, you will have one or more wet paintings at the end of the course.
- o Please speak to the office if you would like to use our forwarding service.

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