



Course Title	Painting for All
Tutor	Eigil Nordstrøm
Day & time	Monday to Friday, 10.00am - 5.00pm
Dates	31/07/2017 - 4/08/2017
Course Code	SC1604013
Level	This class is suitable for those aged 17 or over. All levels welcome
Cost	£310



What is this course about?

An exciting and well structured course for all skill levels wishing to learn how to use paint in a variety of techniques while also stimulating creative expression. The course explores the use of line, colour, tone, composition and the application of paint media while also developing expressive qualities within a composition. Sessions include painting from a life model, working from still life as well as more loosely structured creative painting using simple but effective exercises. Using other artists' works as a source of inspiration students will explore creative methods of expression. Students then combine all these skills to create a portrait painting and a nude figure painting.

What topics do we cover?

- Arrangement of palette and paints.
- Improved understanding of colour and composition
- Paint media: achieving various textures and effects with paint
- Painting the human figure

By the end of this course you will:

Have an increased facility in the use of oil paint.
Improved observational skills
Improved design and layout of one's paintings.

About your tutor

Eigil Nordstrom is a Norwegian painter currently based in London. He studied with Peter Sutton in Norway, and Hans-Peter Szameit in Sweden, before completing the Diploma in Painting at The Art Academy, where he was the Wolfendale Patron's Prize winner of 2011. He has a wide experience in teaching drawing and painting, and has exhibited both in the UK and Norway since graduating with an MA in Fine Art from the City & Guilds of London Art

School. Recent awards include the ArtGemini Prize and the Art Clubs Charitable Trust Award at the NEAC 2014.

What level is the course and do I need any particular skills?

This course is ideal for all levels.

How will I be taught, and what feedback and support will I get?

Your experienced tutor will support you throughout the course in both group sessions and one-to-one support providing daily feedback, critique and constructive advice. Each course ends in a final round up session and should you wish for any specific feedback or support, please speak with your tutor at the start of your course.

When I've finished, what course can I do next?

There are a variety of courses available as short courses over the Easter and the Summer holidays, also a wide range of weekend and evening classes, such as Intermediate Painting, Painting the Human Figure and Saturday Open Life Class (this is a drop in class).

If you have more time available, huge development can be made in your practice by attending one of our part time day classes in drawing and painting, or our certificate programme. Please see all the options available on our web site.

<http://artacademy.org.uk/short-courses/>

<http://artacademy.org.uk/part-time/certificate>

<http://artacademy.org.uk/part-time/>

Are there any other costs? What else should I bring each lesson?

The Academy is a white spirit and turpentine free environment and only odourless spirits, such as Zest-it or Sansodor, are permitted on the premises. Students must provide their own spirits, which can be recycled for longevity.

We request that you bring 2 small jars (one with a lid, one without) to hold your spirit, and a few cloths rags for brush cleaning (such as an old cotton t-shirt).

You will need to bring your own painting materials to the class, which you can store at The Art Academy for the duration of the course. If you do not have your own materials, we recommend you order an **Oil Painting Pack** or **Acrylic Painting Pack** at the time of booking, which will be available when you arrive for your first class. There is also a mini shop in the studio that supplies the basics such as canvas boards, paints, Zest-it etc. (cash purchases only).

An **Oil Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics

One tear off palette (9"x12")

One palette knife

One bottle Zest-it (250ml)

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

6 Daler Rowney (*Georgian*) oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber

An **Acrylic Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics

One tear off palette (9"x12")

One palette knife

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

8 Daler Rowney (*System 3*) acrylic tubes: Mars Black, Titanium White, Cadmium Red, Cadmium Yellow, Ultramarine Blue, Burnt Umber, Sap Green and Yellow Ochre

Daily breakdown

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. Below is a daily breakdown of what will be covered. Please bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

Day	Dates	Topic/skills covered	Location & Tutor	What to bring	Model
1	31st July	AM: Still Life. Painting 1. Using a limited palette to produce a tonal painting. PM: Still Life. Painting 2. Improve awareness and understanding of colour.	Studio 2 Eigil Nordstrøm	Oil paints and canvas	No
2	1st Aug	AM: Session of life drawing. PM: Introduction to painting from life.	Studio 2 Eigil Nordstrøm	Drawing materials, oil paints and canvas	am: Yes pm: Yes
3	2nd Aug	Self Portrait. Discuss other artists' works, begin a self-portrait based on personal interest.	Studio 2 Eigil Nordstrøm	Oil paints and canvas	No
4	3rd Aug	Self Portrait/Creative Project Work on a creative project of the student's choice, alternatively continue with portrait started on day 3.	Studio 2 Eigil Nordstrøm	Oil paints	No
5	4th Aug	Life Painting. Continue with and complete painting started on day 2.	Studio 2 Eigil Nordstrøm	Oil paints	Yes

Welcome to The Art Academy

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. To help ensure you are fully prepared and make the best of your time with us you will find lots of information in this pack that will help. If at any time you would like to speak to a member of the team please feel free to contact us using the details below.

We value feedback on all of our courses so please keep us posted on your progress.

Who can I contact for further information?

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 207407 6969

Email: info@artacademy.org.uk

Location

The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations. Please follow signs for Borough High Street to exit. Please [click here](#) for a map.

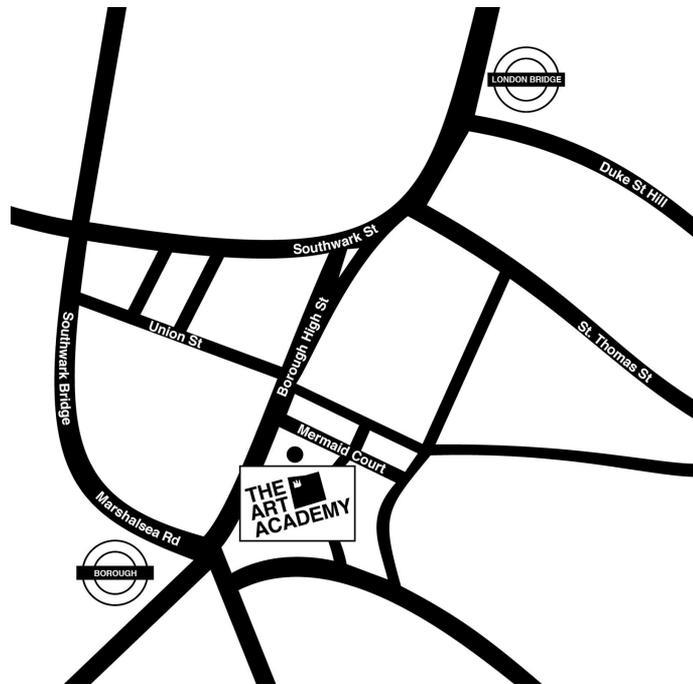
Just moments walk from the Thames;
The Art Academy is also ideally located for access to:

White Cube

Tate Modern

Jerwood Gallery

If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.



Refreshments & Facilities

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world famous Borough Food Market.

Should you have any access requirements, please speak to a member of the Academy team before booking.

Further Details

- You will need to have paid in full for your class before the first session of your class, your place is not guaranteed until we have received payment.
- If you purchased a pack online this will be given to you on the first session of your course upon your arrival.
- Ensure that you wear old clothing, as you may get messy!

- All artwork at the Academy MUST be taken home at the end of the course or it will be disposed of.
- Please ensure that your mobile phone is switched off, or is on silent, during the class.
- Please read the Health and Safety Guidelines carefully, provided at the beginning of your course.
- If you have any further queries let us know and we will do our best to resolve them. Thank you for your co-operation, we look forward to seeing you on the first day of term.
- Please bear in mind if you are coming from overseas, you will have one or more wet paintings at the end of the course.
- Please speak to the office if you would like to use our forwarding service.