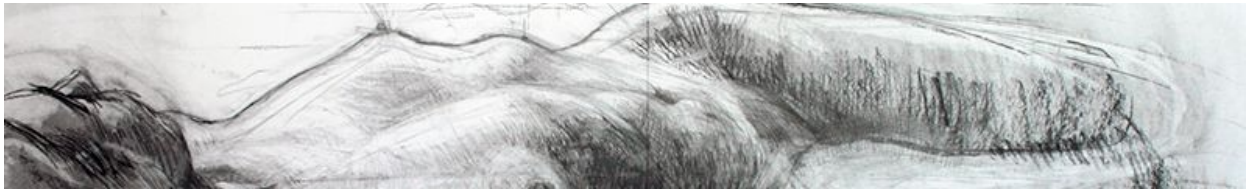


Course Title	Open Life Class
Tutor	Katharine Prendergast & Eigil Nordstrøm
Day & time	Saturday, 10.30am – 1.00pm
Dates	22/04/2017 – 24/06/2017
Course Code	SAT1603001
Level	All levels
Cost	£25 per class or £230 upfront for a whole term (student £20)



### **What is this course about?**

The “Open Life Class” is a relaxed and enjoyable life drawing & painting course with a life model for various poses lasting between one and four weeks at a time. Students will be able to approach the human figure in any way they please and do as many drawings or paintings as they care to pursue with as much or as little instruction as they like. Your experienced tutors will happily guide both beginners and the more experienced painters. The class runs over two studios with a tutor in each room, students can go between the studios as they wish. Students should feel free to use whichever materials that they enjoy the most, whether that is drawing in charcoal or ink or painting in oils or acrylics. All paper is provided for the course but please bring your own drawing/painting materials.

If you would like to book a block of classes at a discounted rate (10 classes in advance at the price of 8) please contact the office directly.

### **What topics do we cover?**

Due to the open and relaxed nature of this course, the information will remain unstructured and open to interpretation.

### **By the end of this course you will have:**

- Body of experiments in life drawing/painting
- New or further life-drawing skills
- Confidence in your own abilities

### **About your tutor**

Katharine Prendergast is a practising artist who lives and exhibits in London. She studied at St Oswald’s School of Painting and City and Guilds School of Art. She has been teaching at The Art Academy since 2008. You can view selected works at

[www.katharineprendergast.com](http://www.katharineprendergast.com)

Eigil Nordstrom is a Norwegian painter currently based in London. He studied with Peter

Sutton in Norway, and Hans-Peter Szameit in Sweden, before completing the Diploma in Painting at The Art Academy, where he was the Wolfendale Patron's Prize winner of 2011. He has a wide experience in teaching drawing and painting, has exhibited both in the UK and Norway, and is currently studying for an MA in Fine Art at the City & Guilds of London Art School.

### **How will I be taught, and what feedback and support will I get?**

Your experienced tutor will support you throughout the course in both group sessions and one-to-one support providing daily feedback, critique and constructive advice. Each course ends in a final round up session and should you wish for any specific feedback or support, please speak with your tutor at the start of your course.

### **Are there any other costs? What else should I bring?**

Paper, masking tape and fixative are all provided in the studio. Students should bring their own drawing or painting materials to the class e.g. charcoal & pencils or brushes & paints. There is a mini shop in the studio that supplies the basics such as canvas boards, paints Zest-it etc. (cash purchases only).

OIL PAINTERS: The Academy is a white spirit and turpentine free environment and only odourless spirits, such as Zest-it or Sansodor, are permitted on the premises. Students must provide their own spirits, which can be recycled for longevity. We request that you bring 2 small jars (one with a lid, one without) to hold your spirit, and a few cloths rags for brush cleaning (such as an old cotton t-shirt).

If you cannot source your own materials, you can purchase a **Drawing, Oil or Acrylic Painting Pack** from the Academy. Please contact The Art Academy office to pre-order this for the class, the tutor will then give this to you on your arrival.

#### **Drawing Pack contains:**

A **Drawing Pack** contains  
One set of lead pencils (2B, 4B, 6B)  
One box of willow charcoal sticks  
One box of compressed charcoal sticks  
One set of conté crayons  
Putty Rubber  
Eraser  
Auto lock knife

#### **Oil Painting Pack (£50.00) contains:**

A set of bristle brushes, both flat and round, suitable for either oils or acrylics  
One tear off palette (9"x12")  
One palette knife  
One bottle Zest-it (250ml)  
One 10"x 12" canvas board  
One 10"x 14" canvas board  
Two 12"x 16" canvas boards  
6 Daler Rowney (*Georgian*) oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber

**Acrylic Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics

One tear off palette (9"x12")

One palette knife

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

8 Daler Rowney (*System 3*) acrylic tubes: Mars Black, Titanium White, Cadmium Red, Cadmium Yellow, Ultramarine Blue, Burnt Umber, Sap Green and Yellow Ochre

**Weekly breakdown**

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. This course runs on a drop in basis, where students can work with the assistance of an experienced artists. Below is a breakdown of what will be covered. Please bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

<b>Week</b>	<b>Date</b>	<b>Studio 3 - Kat</b>	<b>Model</b>	<b>Studio 5 - Eigil</b>	<b>Model</b>
1	22 April	<b>Line</b> Exploring the drawing using only line	Male	<b>Two week pose</b> 1 of 2 weeks.	Male
2	29 April	<b>Tone - Two week pose</b> 1 of 2 weeks. Using some dramatic lighting we will look at understanding tone.	Female	<b>Two week pose</b> 2 of 2 weeks.	Male
3	6 May	<b>Tone - Two week pose</b> 1 of 2 weeks.	Female	<b>Short Poses</b> Exploring shorter dynamic drawings.	Male
4	13 May	<b><i>This week the session will run in Studio 1</i></b>  <b>Volume</b> Using white acrylic paint* along with the normal drawing materials we will volume and mass through a series of 20-40min poses. *White paint & brushes will be provided.	Female	<b>Four week Pose</b> 1 of 4 weeks. An great opportunity for those wishing to work on a more sustained artwork.	Female
5	20 May	<b>Figure in sequence</b> Drawing the figure moving	Male	<b>Four week Pose</b> 2 of 4 weeks.	Female

		through space in a series of sequences.			
6	27 May	<b>Figure in environment</b> Composing a picture with the figure in context of the space.	Female	<b>Four week Pose</b> 3 of 4 weeks.	Female
7	03 June	<b><i>This week the session will run in Studio 1</i></b>  <b>Mark making Inks</b> Using unconventional drawing materials students will explore the importance of the happy accident and the chance mark in the image making process.	Male	<b>Four week Pose</b> 4 of 4 weeks.	Female
8	10 June	<b>Two week pose</b> 1 of 2 weeks.	Female	<b>Anatomy</b> This session explores the structure of the body focusing on understanding the anatomy.	Male
9	17 June	<b>Two week pose</b> 2 of 2 weeks.	Female	<b>Two week Pose</b> 1 of 2 weeks	Female
10	24 June	<b>Short Poses</b> Exploring shorter dynamic drawings.	Male	<b>Two week Pose</b> 2 of 2 weeks	Female

### When I've finished, what course can I do next?

There are a variety of courses available as short courses over the Easter and the Summer holidays, also a wide range of evening classes. If you have more time available huge development can be made in your practice by attending one of our part time day classes in painting or the painting certificate programme. Please see all the options available on our web site.

<http://artacademy.org.uk/short-courses/>

<http://artacademy.org.uk/part-time/certificate/>

<http://artacademy.org.uk/part-time/>

### Location

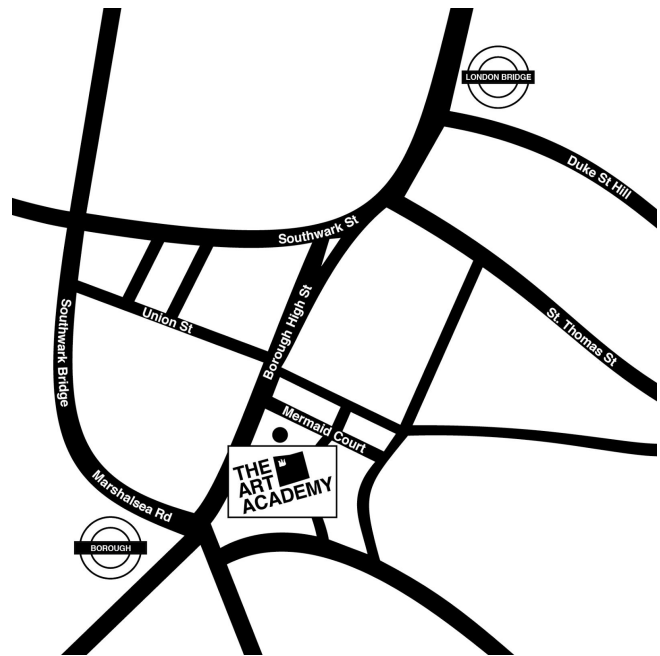
The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations. Please follow signs for Borough High Street to exit.

Just moments walk from the Thames; The Art Academy is also ideally located for access to:

White Cube  
Tate Modern  
Jerwood Gallery

If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.

Mermaid Court  
165A Borough High Street  
London SE1 1HR



### **Who can I contact for further information?**

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 20 7407 6969

Email: [info@artacademy.org.uk](mailto:info@artacademy.org.uk)

### **Welcome to The Art Academy**

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. To help ensure you are fully prepared and make the best of your time with us you will find lots of information in this pack that will help. If at any time you would like to speak to a member of the team please feel free to contact us using the details below.

We value feedback on all of our courses so please keep us posted on your progress.

### **Refreshments & Facilities**

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world-famous Borough Food Market.

Should you have any access requirements, please speak to a member of the Academy team before booking your course.

### **Further Details**

- o Ensure that you wear old clothing, as you may get messy!
- o All artwork at the Academy **MUST** be taken home at the end of the course.

- o Please ensure that your mobile phone is switched off, or is on silent, during the class.
- o Please read the Health and Safety Guidelines carefully, provided at the beginning of your course.
- o If you wish to book any class for the next term please contact the office to re-book. Classes are becoming increasingly popular, so please book early in order to guarantee your place.
- o If you have any further queries let us know and we will do our best to resolve them. Thank you for your co-operation, we look forward to seeing you on the first day of term.