



Course	Saturday Portrait and Figure Painting
Tutor	Rosalie Watkins and James Bland
Day	Saturdays, 10am - 4pm (3.45 - 4pm to clear up)
Dates	14 Jan. - 25 Mar. 2017 (no class on 18th February for half term)
Code	D1602P31
Level	All levels
Cost	£495



What is this course about?

Taught by experienced, pre-eminent portrait and figure painters, the Saturday Portrait and Figure Painting Class introduces students to different approaches to portraiture and figure painting. This term, Rosalie Watkins and James Bland will look at the Nude Figure. During weeks 1 - 5, Rosalie will focus on the basic requirements for creating a painting of the nude figure. Students will work both in tone and colour, from a series of short poses and then from a long 3 week pose, enabling them each to create their own painting. The class will enable students to work at their own pace, to take account of different levels of ability and experience. In weeks 6 - 10, James will continue to look at issues of proportion, tone and colour, as well as lighting and composition.

The course is aimed at both beginners and students with experience of portrait or other painting.

What topics do we cover?

- Drawing and painting the figure;
- How to measure proportions and the underlying structure of the body;
- Consideration of use of colour in painting flesh tones;
- How to respond to light on the nude figure;
- Starting to think about how to approach composition when painting the figure.

By the end of this course you will have:

- An understanding of drawing the head and the figure;
- A focus on painting different parts of the human body;

- An idea of how to measure proportions;
- An understanding of colour mixing;
- An understanding of the use of oil paint;
- Some experience of composing a figure painting.

How will I be taught, and what feedback and support will I get?

Your tutor will support you fully throughout the course in both group sessions and one-to-one support, providing regular feedback, critique and constructive advice. Classes will comprise short exercises and longer poses.

What level is the course and do I need any particular skills?

This course is suitable for students of all abilities, from beginners to intermediate or advanced.

About Your Tutors

Rosalie Watkins trained and taught Fine Art in the atelier tradition at London Fine Art Studios, a classical education in painting and drawing from life. Her work has been published, commissioned for film, and hangs in public and private collections in the UK and abroad.

She was selected for the 2014 Royal Institute of Oil Painters exhibition at the Mall Galleries, where she won three awards : the L.Cornelissen prize, a Winsor and Newton's Young Artist Award, and the live open painting event during the exhibition. More recently she has been selected for the 2016 Royal Society of British Artists exhibition, and shortlisted for their emerging artists Rome Scholarship residency, as well as winning the Michael Harding Award.

In 2013 Rosalie was a London finalist in Sky Arts' Portrait Artist of the Year and has gone on to be featured in two books on portraiture produced by Sky Arts.

James Bland

"My work incorporates diverse approaches to style and subject but begins always in drawing and painting from life. My aim at every stage is to find an image that resonates through simplicity of colour and form.

"Though some of my paintings are done quickly, most spend a long time in the studio looking for the right combination of shape, pose and composition. They may be cut down, re-stretched, scraped back or painted over. Surface texture - the byproduct of lots of changes of mind - is something I enjoy.

"I also like the idea of painting as a way of telling stories and find inspiration in literature as well as visual art. Some influences include Piero della Francesca, Rembrandt, Keith Vaughan, Georges Braque, Dorothea Tanning, Euan Uglow, Matisse, Balthus, Jan Svankmayer, Ana Maria Pacheco and Marcel Proust."

Weekly breakdown

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills

and methods are covered. Below is a weekly breakdown of what will be covered. Please bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

Week	Date	Topic/skills covered	Location /Tutor	What to bring	Model
1	14 Jan.	Demonstration of monochrome technique, to focus on accurate proportion and value finding to create authentic looking 3D form. Shorter poses progressing to longer. Moving into colour in afternoon, subject to morning progress.	Studio 5 Anastasia Pollard	Oil paints & equipment, small panels to do quick studies, roughly 20cm x30cm plus one larger canvas or panel for the longer painting	Yes
2	21 Jan.	One day pose - depending on demand/skill level demonstration of flesh tone mixing in limited palette. Focus again on proportion and finding authentic sense of form through accurate values translated into colour.	Studio 5 Rosalie Watkins	Medium/large canvas plus oil paints and equipment	Yes
3	28 Jan.	Start of 3 day pose. Consideration of design and overall colour harmony, and importance of keying background. Lay in of figure	Studio 5 Rosalie Watkins	Large canvas Plus painting equipment	Yes
4	4 Feb.	Continue 3 day pose	Studio 5 Rosalie Watkins	As above Plus one larger canvas 90 x 60cm	Yes
5	11 Feb.	Continue 3 day pose	Studio 5 Rosalie Watkins	Oil paints; As week 4	Yes
Half term					
6	25 Feb.	Starting with two one-day poses, students will begin by drawing before moving on to paint in the afternoon. Approaches to measurement and colour and tone evaluation will be taught.	Studio 5 James Bland	Sketchbook and drawing equipment. Painting equipment and painting surface	Yes

7	4 Mar.	Continuation of the one-day poses. This week the focus is on abstraction of the motif into shape and colour.	Studio 5 James Bland	As above	Yes
8	11 Mar.	Now working with a long, three week pose, students will begin work on a painting of the life model, using what they have learnt in weeks 1 and 2. The opportunity to return to the painting after a layer has dried will give scope for revision and development of the subject.	Studio 5 James Bland	Paints and a surface. A good-quality stretched canvas, at least 20" across is preferred.	Yes
9	18 Mar.	Week two of three	Studio 5 James Bland	As above	Yes
10	25 Mar.	Final day. Completion of the painting	Studio 5 James Bland	As above	Yes

Preparation Requirements & Additional Costs

STUDENTS MUST BRING THEIR OWN MATERIALS.

The Academy is a white spirit and turpentine free environment and only odourless spirits, such as Zest-it or Sansodor, are permitted on the premises. Students must provide their own spirits, which can be recycled for longevity.

We request that you bring 2 small jars (one with a lid, one without) to hold your spirit, and a few cloths rags for brush cleaning (such as an old cotton t-shirt).

Below is a list of what is currently required for the course. Please also check the 'what to bring' sections above. Your tutor will advise if further materials or equipment are required as the course progresses.

Ideally you will need:

- Titanium white
- Lemon yellow or cadmium lemon
- Yellow ochre
- Cadmium red
- Alizarin crimson
- Manganese violet
- Ultramarine blue
- Cobalt blue
- Sap green

Burnt umber
Raw umber
Burnt sienna
Paynes grey
Vandyke brown
Ivory or lamp black

Brushes: a range of round or filbert hog hair bristle brushes (small to large)
Graphite sticks 4B & 8B
Willow charcoal
Compressed charcoal
Sketchbook 30x40cm
A palette knife
Stand oil
Only odorless spirits, Sansodor or Zest-it (the Academy is a white spirit free environment)
Tear off A3 paper or solid palette
Kitchen towels or cotton rags
Canvases/primed boards 90x60cm (approximate size)

If you do not have your own materials, there is an option to order an **Oil Painting Pack** at the time of booking, which will be available when you arrive for your first class and can be stored at the Academy for the duration of your course.

An **Oil Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics
One tear off palette (9"x12")
One palette knife
One bottle Zest-it (250ml)
One 10"x 12" canvas board
One 10"x 14" canvas board
Two 12"x 16" canvas boards
6 Daler Rowney (*Georgian*) oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber

Certain materials can also be purchased from the Academy shop during shop hours. Please check in advance of your class if the item you require is available, as the Academy may not have this in stock.

Part time students, some materials and equipment are available at the Academy, but you will most likely need to provide your own specialist materials or equipment.

Resources & Further Reading

Euan Uglow
Dean Fisher
Graham Sutherland

Assessment

On attendance only, 80% of the course must be covered to pass. Feedback will be given throughout and verbal assessment will be given on the last week of the course.

Welcome to The Art Academy

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. If at any time you would like to speak to a member of the team please feel free to contact us using the details below.

We value feedback on all of our courses so please keep us posted on your progress.

Who can I contact for further information?

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 20 7407 6969 or email our Administrator, Aimee Brigginsshaw:

aimee@artacademy.org.uk

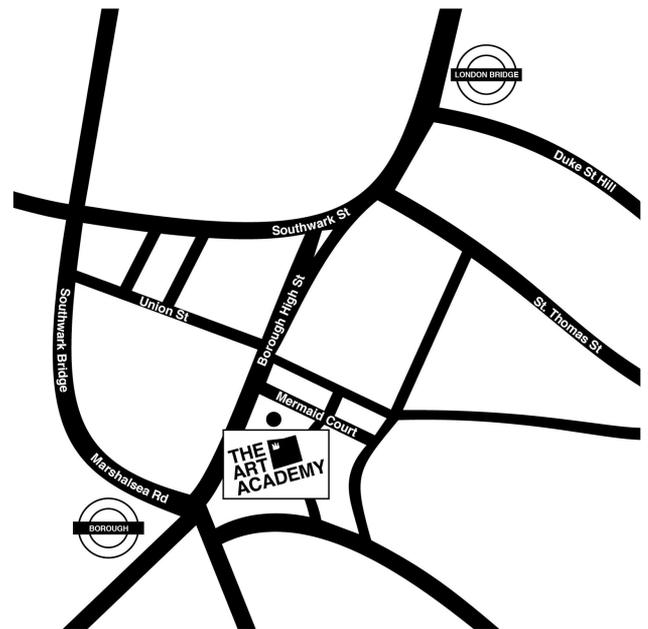
Location

The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations - follow signs for Borough High Street to exit. Please [click here](#) for a map.

Just moments walk from the Thames, the Art Academy is also ideally located for access to:

White Cube
Tate Modern
Jerwood Gallery

If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.



Refreshments & Facilities

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world-famous Borough Food Market, five minutes walk away.

Disabled Access

We make every effort to accommodate students' access requirements, but if you have mobility issues, please speak to a member of the Academy team before your course starts.

Further Details

- You will need to have paid in full for your class before the first session of your class, your place is not guaranteed until we have received payment.
- If you purchased a materials pack online this will be given to you on the first session of your course upon your arrival.

- Ensure that you wear old clothing, as you may get messy!
- All artwork at the Academy MUST be taken home at the end of the course.
- Please ensure that your mobile phone is switched off, or is on silent, during the class.
- Please read the Health and Safety Guidelines carefully, provided at the beginning of your course.
- If you wish to join any class for the next term please contact the office to re-book. Classes are becoming increasingly popular, so please book early in order to guarantee your place.
- If you have any further queries let us know and we will do our best to resolve them. Thank you for your co-operation and we look forward to seeing you.