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| Course Title | Self Portrait |
| Tutor | Roxana Halls |
| Day & time | Tuesdays 10am - 4.45pm |
| Dates | 10 Jan. - 21 Mar. 2017 (Half term 14 Feb.) |
| Course Code | D1602P27 |
| Level | Intermediate |
| Cost | £495 |



What is this course about?

We will be exploring how to make art using ourselves as subject matter, be it from direct observation, photography or other mediums. The aim is to discover ways of generating images by examining different aspects of ourselves; through ideas of identity, gender, social and familial connections, memories, aspirations, through use of costume and allusion, or simply our own bodies. As a painter I will start with the technical aspects of painting and the complications and solutions that exist, from which students can begin to adopt the approaches that best suit them individually.

What topics do we cover?

- Self Portraiture as a genre
- Different ways of arriving at a self portrait
- Use of costume, narrative and symbolism
- Exploring the quality of paint and how to handle paint
- Composition
- Use of colour and tone
- How to pose for a self portrait

By the end of this course you will:

- Have a better understanding of the genre of self portraiture
- Know how to 'set yourself up' to paint yourself from life, and how to paint yourself working from photographs
- Have an understanding of how to handle paint, and how the choice of marks, tones and colours affects your image

- Develop a better knowledge of how to incorporate symbolism and costume into a figure study
- Understand how to create a sense of narrative through self portraiture

What level is the course and do I need any particular skills?

This course is suitable for intermediate students with some experience of painting.

How will I be taught and what feedback and support will I get?

Your experienced tutor will support you throughout the course which is structured as a series of workshops and assignments. Individual tutor support will be available throughout the course and group discussions will aim to highlight themes and create a feedback system for each student.

About your tutor

Roxana Halls has held several successful solo exhibitions including at the National Theatre and on Cork St, Mayfair. Her work has been included in numerous exhibitions such as the B.P. Portrait Award on five occasions, the Royal Society of Portrait Painters and the Ruth Borchard Self-Portrait exhibition, also in many group shows, art competitions and art fairs. Her awards include the Villiers David Prize & the Discerning Eye's Founder's Purchase Prize. Her work is held in many private and public collections in the UK & internationally. Her work can be seen online at www.roxanahalls.com

Weekly breakdown

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. Below is a weekly breakdown of what will be covered. Please bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

| Week | Date | Topic/skills covered | Location | What to bring | Model |
|-------------|-------------|---|-----------------|---|--------------|
| 1 | 10 Jan. | You will be asked to make a painted representation of themselves during the day so I can see what level they are at and establish what narrative or formal concerns we will be dealing with in the future. We will discuss the images and talk about what will be needed in the following weeks . | Studio 3 | Canvas or board 12"x10" AT LEAST painted a light grey. Oil painting equipment (see below) | No |
| 2 | 17 Jan. | You will be working with mirrors in order to create small studies from unfamiliar angles. We will discuss how we can depict ourselves in unexpected ways (morning, profile, afternoon, back of the head). | Studio 3 | As above | No |

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| 3 | 24 Jan. | We will be making a painting from a "found" image of our younger selves, adapting to working from photographs and playing with the feel of the historic and nostalgic. | Studio 3 | As above (plus photographs) | No |
| 4 | 31 Jan. | We will work with the camera to create scenarios with ourselves as protagonists for use as templates for painting – to see what works in terms of narrative and material for a painting. I will advise on lighting composition and ideas. We will start a two week painting. | Studio 3 | Board and oil painting equipment | No |
| 5 | 7 Feb. | Continue with the previous weeks work and bring it to a conclusion | Studio 3 | As above | No |
| Half term | | | | | |
| 6 | 21 Feb. | Working from the model, we will explore how to incorporate the use of fabric and costume and lighting within a figure study and discuss how to contextualise your subject. | Studio 3 | As above | Yes |
| 7 | 28 Feb. | AM. Meet at the NPG to look at/draw work and pick one example to reinterpret. We will discuss light, dress, costume, fabric, pose, composition and use of a 'persona'. PM. Back at the studio, we will then draw and map out a composition and start to plan a large self portrait incorporating issues discussed. | NPG Studio 3 | Sketch book, drawing equipment Board and oil painting equipment | No |
| 8 | 7 Mar. | Continue with self-generated self portraits encompassing issues close to the students – a large composition or a series of images based on the self, drawing together aspects touched upon in the previous weeks. A model will be available for you to incorporate into their project should they wish to do so. | Studio 3 | As above | Yes |
| 9 | 14 Mar. | Continue with above. | Studio 3 | As above | Yes |

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| 10 | 21 Mar. | Continue and finish above. | Studio 3 | As above | Yes |
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Preparation Requirements & Additional Costs

STUDENTS MUST SUPPLY THEIR OWN MATERIALS.

The Academy is a white spirit and turpentine free environment and only odourless spirits, such as Zest-it or Sansodor, are permitted on the premises. Students must provide their own spirits, which can be recycled for longevity.

We request that you bring 2 small jars (one with a lid, one without) to hold your spirit, and a few cloths rags for brush cleaning (such as an old cotton t-shirt).

Students will need to bring the following:

1 canvas or board 20 inches x 18 inches approx. - The canvas if shop-bought and ready primed should be prepared with a ground of turps thinned, warm-grey, oil paint, which should be dry and ready for use. If bringing a gessoed board, this should have a similar ground applied.

Oil paints which the student are used to working with

A palette - at least A4 in size

Palette knife

Brushes - a range of round or filbert hog hair bristle brushes (small to large)

Synthetic, flat square ended brushes from ½ to 1 ½ inches across (SLR)

Only odorless spirits, Sansodor or Zest-it (the Academy is a white spirit free environment)

Jam jar or receptacle for turps/linseed oil

Old newspaper and protective clothing

Pencils/charcoal/pen and ink etc... any drawing equipment the students usually use.

Oil paints:

- Titanium White
- Lemon Yellow or Cadmium Lemon
- Yellow Ochre
- Cadmium Red
- Alizarin Crimson
- Manganese Violet
- Ultramarine Blue
- Cobalt Blue
- Sap Green
- Viridian Green
- Indian Red or Burnt Sienna

If you do not have your own materials, there is an option to order an **Oil Painting Pack** at the time of booking, which will be available when you arrive for your first class and can be stored at the Academy for the duration of your course.

An **Oil Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics

One tear off palette (9"x12")

One palette knife

One bottle Zest-it (250ml)

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

6 Daler Rowney (*Georgian*) oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber

Certain materials can also be purchased from the Academy shop during shop hours. Please check in advance of your class if the item you require is available, as the Academy may not have this in stock.

Part time students, some materials and equipment are available at the Academy, but you will most likely need to provide your own specialist materials or equipment.

Resources & Further Reading

It would be helpful for students to have looked at self portraits painted by the great masters and contemporary artists as background for this course.

Assessment

On attendance only, 80% of the course must be covered to pass. Feedback will be given throughout and verbal assessment will be given on the last week of the course

Welcome to The Art Academy

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. If at any time you would like to speak to a member of the team please feel free to contact us using the details below.

We value feedback on all of our courses so please keep us posted on your progress.

Who can I contact for further information?

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 20 7407 6969 or email our Administrator, Aimee Briginshaw:

aimee@artacademy.org.uk

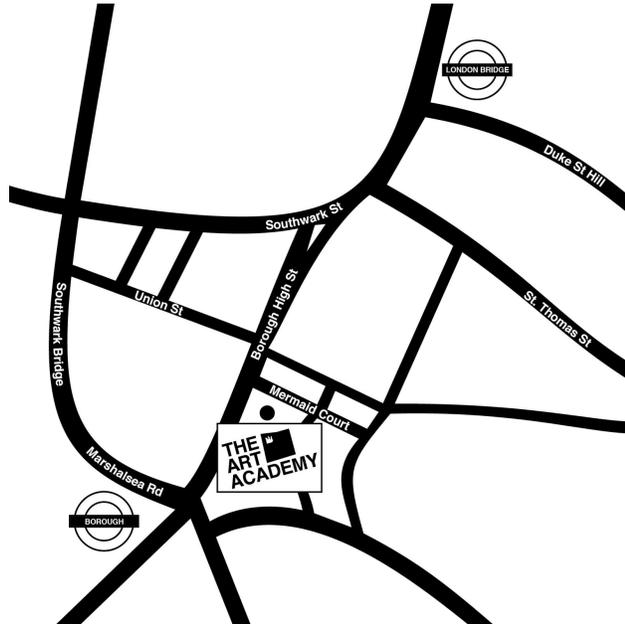
Location

The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations - follow signs for Borough High Street to exit. Please [click here](#) for a map.

Just moments walk from the Thames, the Art Academy is also ideally located for access to:

White Cube
Tate Modern
Jerwood Gallery

If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.



Refreshments & Facilities

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world-famous Borough Food Market, five minutes walk away.

Disabled Access

We make every effort to accommodate students' access requirements, but if you have mobility issues, please speak to a member of the Academy team before your course starts.

Further Details

- You will need to have paid in full for your class before the first session of your class, your place is not guaranteed until we have received payment.
- If you purchased a materials pack online this will be given to you on the first session of your course upon your arrival.
- Ensure that you wear old clothing, as you may get messy!
- All artwork at the Academy MUST be taken home at the end of the course.
- Please ensure that your mobile phone is switched off, or is on silent, during the class.
- Please read the Health and Safety Guidelines carefully, provided at the beginning of

your course.

- If you wish to join any class for the next term please contact the office to re-book. Classes are becoming increasingly popular, so please book early in order to guarantee your place.
- If you have any further queries let us know and we will do our best to resolve them. Thank you for your co-operation and we look forward to seeing you.