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| Course Title | Developing Figure Painting |
| Tutor | Anastasia Pollard |
| Day & time | Thursdays 10am - 5pm (4.45 - 5pm to clean up) |
| Dates | 12 Jan. - 23 Mar. 2017 (no class on 16th February for half term) |
| Course Code | D1602P18 |
| Level | Intermediate and Advanced |
| Cost | £495 |



What is this course about?

This course is aimed to help students with some experience of life painting to develop their understanding of painting the figure - life and clothed. Starting in tone and then using first a limited and then a full palette, we will revisit some basic concepts, such as colour mixing, proportion and figure drawing and composition. We will then explore the expressive use of colour and mark making work both to create a likeness, and to develop a dynamic and interesting figure painting. We will work initially from sketches, building up to creating colourful and dramatic paintings. The tutor will help students to develop their own approaches to working from a life model and to develop their own, individual approaches to figure painting.

What topics do we cover?

- Varied ways of drawing and recording the figure
- How to paint a grisaille (tonal underpainting)
- How to work with different colour palettes
- Technical and expressive means of painting the figure
- Expressive and structural use of colour, tone and mark making
- Interesting ways of handling oil paint for figure painting
- Composition for figure painting

- Lighting for figure painting

By the end of this course you will:

- An improved understanding of colour mixing
- An improved understanding of the use of oil paint
- A more developed understanding of drawing the figure
- Experience of composing a figure painting
- An understanding of the effect of different lighting on figure painting

What level is the course and do I need any particular skills?

This course is suitable for people with experience of painting and some experience of figure painting.

How will I be taught and what feedback and support will I get?

Your experienced tutor will support you throughout the course which is structured as a series of workshops and assignments. Individual tutor support will be available throughout the course and group discussions will aim to highlight themes and create a feedback system for each student.

About your tutor

Anastasia Pollard trained at the University of North Carolina at Greensboro, Pennsylvania Academy of Fine Arts and Florence Academy of Art. Her work has been included in numerous exhibitions in Pennsylvania and London. Her works have exhibited with the Royal Society of Portrait Painters' Annual Exhibition (2005, 2006 and 2007) winning the Ondaatje Prize for Portraiture in 2009, and the BP Portrait Award Exhibition (2006, 2007 and 2009). Her work can be seen online at: www.AnastasiaPollard.com

Weekly breakdown

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. Below is a weekly breakdown of what will be covered. Please bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

| Week | Date | Topic/skills covered | Location | What to bring | Model |
|-------------|-------------|---|-----------------|--|--------------|
| 1 | 12 Jan. | Grisaille The morning will be quick studies The afternoon will be one long pose | Studio 3 | Ivory black, raw umber, white oil paints. Several surfaces to paint on | Yes |
| 2 | 19 Jan. | Grisaille One pose continued from previous week | Studio 3 | Ivory black, raw umber, white oil paint | Yes |

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| 3 | 26 Jan. | Traditional limited palette The morning will be quick studies The afternoon will be one long pose | Studio 3 | Ivory black, raw umber, cadmium red, yellow ochre, white | Yes |
| 4 | 2 Feb. | Traditional limited palette One long pose continued from previous week | Studio 3 | Ivory black, raw umber, cadmium red, yellow ochre, white | Yes |
| 5 | 9 Feb. | One-day pose focusing on clothing / drapery | Studio 3 | Full palette, tutor to advise | Yes |
| Half term | | | | | |
| 6 | 23 Feb. | Warm/cool palette The morning will be quick studies The afternoon will be one long pose | Studio 3 | Ultramarine blue, burnt sienna, white | Yes |
| 7 | 2 Mar. | Warm/cool palette One long pose continued from previous week | Studio 3 | Ultramarine blue, burnt sienna, white | Yes |
| 8 | 9 Mar. | Modern limited palette The morning will be quick studies The afternoon will be one long pose | Studio 3 | Olive green, permanent rose, Indian yellow, white, ivory black | Yes |
| 9 | 16 Mar. | Modern limited palette | Studio 3 | Olive green, permanent rose, Indian yellow, white, ivory black | Yes |
| 10 | 23 Mar. | One-day painting using the full palette | Studio 3 | All colours | Yes |

Preparation Requirements & Additional Costs

STUDENTS MUST BRING THEIR OWN MATERIALS.

The Academy is a white spirit and turpentine free environment and only odourless spirits, such as Zest-it or Sansodor, are permitted on the premises. Students must provide their own spirits, which can be recycled for longevity.

We request that you bring 2 small jars (one with a lid, one without) to hold your spirit, and a few cloths rags for brush cleaning (such as an old cotton t-shirt).

Below is a list of what is currently required for the course. Please also check the 'what to bring' sections above. Your tutor will advise if further materials or equipment are required as the course progresses.

- Oil paints (ideally genuine colours, no hues) as specified in the 'what to bring' sections above
- Brushes: assorted sizes of bristle, synthetic and sable brushes, including filberts, rounds and flats
- A3 Palette
- Palette knife
- Jam jar with lid
- Two dippers/or double dipper
- Old rags
- Old shirt or apron
- Oil painting boards/canvas - roughly 8"x 10" for quick studies 16" x 12" - 20" x 24" for longer projects
- Only odorless spirits, Sansodor or Zest-it (the Academy is a white spirit free environment)
- Winsor & Newton painting medium
- All drawing materials (to include pencils, rubbers, charcoal, sharpener etc.)

If you do not have your own materials, there is an option to order an **Oil Painting Pack** at the time of booking, which will be available when you arrive for your first class and can be stored at the Academy for the duration of your course.

An **Oil Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics

One tear off palette (9"x12")

One palette knife

One bottle Zest-it (250ml)

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

6 Daler Rowney (*Georgian*) oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber

Certain materials can also be purchased from the Academy shop during shop hours. Please check in advance of your class if the item you require is available, as the Academy may not have this in stock.

Part time students, some materials and equipment are available at the Academy, but you will most likely need to provide your own specialist materials or equipment.

Resources & Further Reading

The Science and Practice of Drawing

Oil Painting Techniques and Materials both by Harold Speed

The Art Spirit by Robert Henri

Assessment

On attendance only, 80% of the course must be covered to pass. Feedback will be given throughout and verbal assessment will be given on the last week of the course.

Welcome to The Art Academy

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. If at any time you would like to speak to a member of the team please feel free to contact us using the details below.

We value feedback on all of our courses so please keep us posted on your progress.

Who can I contact for further information?

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 20 7407 6969 or email our Administrator, Aimee Briginshaw:

aimee@artacademy.org.uk

Location

The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations - follow signs for Borough High Street to exit. Please [click here](#) for a map.

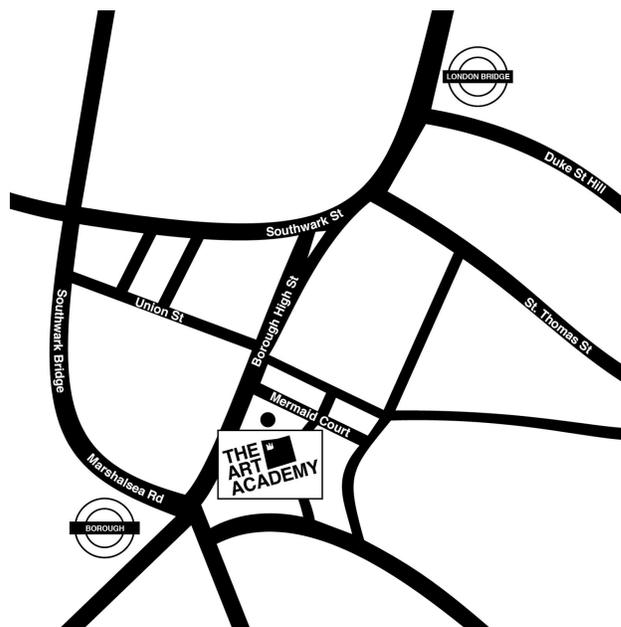
Just moments walk from the Thames, the Art Academy is also ideally located for access to:

White Cube

Tate Modern

Jerwood Gallery

If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.



Refreshments & Facilities

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world-famous Borough Food Market, five minutes walk away.

Disabled Access

We make every effort to accommodate students' access requirements, but if you have mobility issues, please speak to a member of the Academy team before your course starts.

Further Details

- You will need to have paid in full for your class before the first session of your class, your place is not guaranteed until we have received payment.
- If you purchased a materials pack online this will be given to you on the first session of your course upon your arrival.
- Ensure that you wear old clothing, as you may get messy!
- All artwork at the Academy **MUST** be taken home at the end of the course.
- Please ensure that your mobile phone is switched off, or is on silent, during the class.
- Please read the Health and Safety Guidelines carefully, provided at the beginning of your course.
- If you wish to join any class for the next term please contact the office to re-book. Classes are becoming increasingly popular, so please book early in order to guarantee your place.
- If you have any further queries let us know and we will do our best to resolve them. Thank you for your co-operation and we look forward to seeing you.