

Course Title	Figure
Tutor	Alex Fowler
Dates	Thursdays, 12 Jan. - 23 Mar. 2017 (No class half term 16 Feb)
Times	10am - 5pm (4.45 - 5pm to clean-up)
Course Code	D1602P02
Level	Diploma Level 1: Beginner & Intermediate
Cost	£495



What is this course about?

This course introduces students to painting the figure, both nude and clothed, and is aimed at helping both beginners and intermediate students to develop a number of different aspects of figure painting, from understanding colour mixing, looking at proportion, considering negative space and finding shapes to help create a likeness and working on composition. The aim of this course is to teach students how to develop figure paintings by starting with drawing, how to paint fabrics and materials as well as the figure, and how to consider the background as an integral part of the painting.

What topics do we cover?

- An introduction to drawing and painting the nude and clothed figure;
- Consideration of use of colour in painting flesh tones and materials, fabrics and backgrounds;
- Techniques for creating a likeness when painting the figure;
- Starting to think about how to approach composition when painting the figure.

By the end of this course you will have

- An understanding of drawing the figure;
- An idea of how to measure proportions;
- The ability to create a better likeness;
- An understanding of colour mixing;
- An understanding of the use of oil paint;
- Some experience of composing a figure painting;
- An idea of how to paint fabrics, materials and backgrounds.

What level is the course and do I need any particular skills?

This course is suitable for beginners and intermediate students.

How will I be taught and what feedback and support will I get?

Your experienced tutor will support you throughout the course which is structured as a series of workshops and assignments. Individual tutor support will be available throughout the course and group discussions will aim to highlight themes and create a feedback system for each student.

About Your Tutor

Alex Fowler studied Portrait Painting at Heatherley's School of Art. He was elected a member of the New English Art Club in 2004. His work has been exhibited at the Royal Society of Portrait Painters. He has been exhibiting his work regularly since 2002. For a number of years he has taught Painting and Life Drawing with the New English Art Club Drawing School and has run his own painting class working from the model. He is a painter of portraits, landscapes and Still Lifes.

<http://www.alexanderfowler.co.uk>

Weekly breakdown

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. Below is a weekly breakdown of what will be covered. Please bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

Week	Date	Topic/skills covered	Location	What to bring	Model
1	12 Jan.	Drawing. Beginning with short poses & then longer poses to learn to relate the model to their surroundings, including discussions on the use of comparative measuring, 'sight size' etc	Studio 2	Drawing equipment	Yes
2	19 Jan.	Studies in black & white. One pose in the morning and a different one in the afternoon, you will make tonal studies in black and white.	Studio 2	Ivory black, titanium white oil paints Painting equipment 2 x canvas or board (no smaller than 10x8", no	Yes

				bigger than 20x16")	
3	26 Jan.	A trip to the Tate Britain. Meet inside front entrance of museum(opposite the river Thames) @10.15am. We will combine a tour of the gallery with sessions of drawing from the paintings to learn about composition, different artists' use of paint etc	Tate Britain	Sketchbook (at least A4 size), pencils, erasers etc. No wet materials in the museum.	No
4	2 Feb.	Painting the nude: 1 day pose. You will spend the day painting the life model trying to mix colours to stand for the experience of looking.	Studio 2	Oil paints, painting equipment, canvas/board	Yes
5	9 Feb.	Painting the clothed figure. 1 day pose.	Studio 2	Oil painting equipment As week 4	Yes
Half term					
6	23 Feb.	Painting the nude- I day pose	Studio 2	As week 3	No
7	2 Mar.	2 day pose. Week 1. For the last four weeks of term we will make 2 sustained paintings, taking advantage of the chance to re-work an image after it has dried.	Studio 2	Materials as for Week 4	Yes
8	9 Mar.	2 day pose Week 2	Studio 2	Materials as for Week 4	Yes
9	16 Mar.	2 week pose week 1	Studio 2	Materials as for Week 4	Yes
10	23 Mar.	2 day pose Week 2	Studio 2	Materials as for Week 4	Yes

Preparation Requirements & Additional Costs

STUDENTS MUST BRING THEIR OWN MATERIALS.

The Academy is a white spirit and turpentine free environment and only odourless spirits, such as Zest-it or Sansodor, are permitted on the premises. Students must provide their own spirits, which can be recycled for longevity.

We request that you bring 2 small jars (one with a lid, one without) to hold your spirit, and a few cloths rags for brush cleaning (such as an old cotton t-shirt).

Ideally you will need:

- Palette
 - Titanium White
 - Cadmium Lemon Yellow
 - Cadmium Yellow
 - Cadmium Red
 - Alizarin Crimson
 - Cerulean Blue
 - Ultramarine Blue
 - Burnt Umber
 - Raw Umber
 - Burnt Sienna
 - Ivory Black

- Brushes: a range of round or filbert hogs hair bristle brushes (small to large)
- A palette knife
- Only odorless spirits, Sansodor, Shellsol T or Zest-it (the Academy is a white spirit free environment)
- Tear off paper palette/wooden palette at least A3 (the bigger the better)
- Canvasses/primed boards to include 1 x 18"x14" (approximate size), 24"x18" (approximate size)
- 2B Pencils
- Willow charcoal
- Eraser
- Cotton rags for charcoal
- Paper Towel
- blade for sharpening pencils
- Masking Tape
- Hog filberts; sizes 2, 4, 6, 8
- 1 inch brush

Certain materials can be purchased from the Academy shop during shop hours. Please check in advance of your class if the item you require is available, as the Academy may not have this in stock.

NB.

Your oil colours and brushes constitute the most important part of your kit and will hold you in good stead for a long time, an area where it makes most sense to invest rather than economise.

If you do not have your own materials, there is an option to order an **Oil Painting Pack** at the time of booking, which will be available when you arrive for your first class and can be stored at the Academy for the duration of your course.

An **Oil Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics

One tear off palette (9"x12")

One palette knife

One bottle Zest-it (250ml)

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

6 Daler Rowney (*Georgian*) oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber

Certain materials can also be purchased from the Academy shop during shop hours. Please check in advance of your class if the item you require is available, as the Academy may not have this in stock.

Part time students, some materials and equipment are available at the Academy, but you will most likely need to provide your own specialist materials or equipment.

Resources & Further Reading/Viewing

Museums (NB. all the following museums have free entry)

National Gallery

tip: open late on a Friday evening til 9pm- much quieter and better atmosphere for looking at (and drawing from) paintings

suggested painting: Rembrandt - Woman bathing Room 23

National Portrait Gallery

also open late Friday evenings.

suggested painting: Hogarth - portrait of Jack Broughton, Room 10

Tate Britain

Much quieter than Tate Modern. British art from c 1500- now.

suggested painting: Gwen John - Nude Girl

Victoria and Albert Museum

Works by the greatest sculptors including Donatello, Michelangelo, Giambologna and Rodin

British Museum

Esp Greek and Egyptian sculpture

A few artists to study for drawing and painting the figure:-

Giotto	Ingres
Masaccio	Delacroix
Raphael	Degas
Michelangelo	Cezanne
Titian	Picasso
Veronese	Bonnard
Rembrandt	Giacometti
Rubens	William Coldstream
Goya	Joan Eardley

Assessment

On attendance only, 80% of the course must be covered to pass. Feedback will be given throughout and verbal assessment will be given on the last week of the course.

Welcome to The Art Academy

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. If at any time you would like to speak to a member of the team please feel free to contact us using the details below.

We value feedback on all of our courses so please keep us posted on your progress.

Who can I contact for further information?

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 20 7407 6969 or email our Administrator, Aimee Brigginshaw:

aimee@artacademy.org.uk

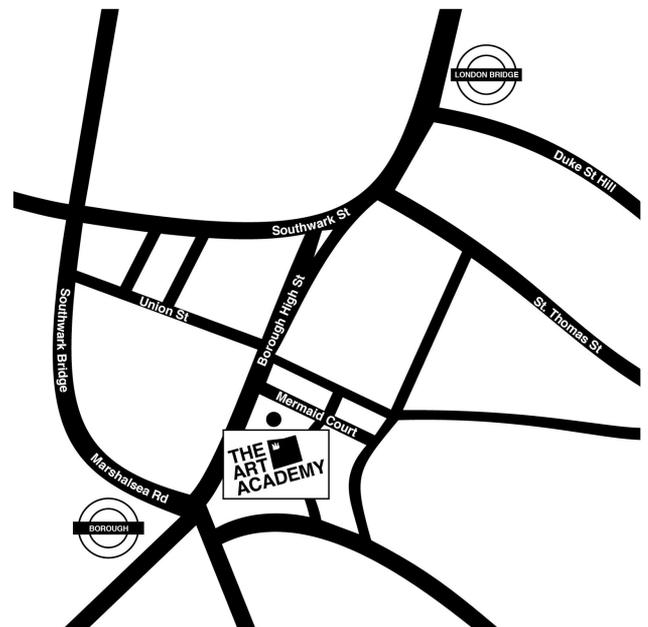
Location

The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations - follow signs for Borough High Street to exit. Please [click here](#) for a map.

Just moments walk from the Thames, the Art Academy is also ideally located for access to:

White Cube
Tate Modern
Jerwood Gallery

If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.



Refreshments & Facilities

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world-famous Borough Food Market, five minutes walk away.

Disabled Access

We make every effort to accommodate students' access requirements, but if you have mobility issues, please speak to a member of the Academy team before your course starts.

Further Details

- You will need to have paid in full for your class before the first session of your class, your place is not guaranteed until we have received payment.
- If you purchased a materials pack online this will be given to you on the first session of your course upon your arrival.
- Ensure that you wear old clothing, as you may get messy!
- All artwork at the Academy MUST be taken home at the end of the course.
- Please ensure that your mobile phone is switched off, or is on silent, during the class.
- Please read the Health and Safety Guidelines carefully, provided at the beginning of your course.
- If you wish to join any class for the next term please contact the office to re-book. Classes are becoming increasingly popular, so please book early in order to guarantee your place.
- If you have any further queries let us know and we will do our best to resolve them. Thank you for your co-operation and we look forward to seeing you.