



<b>Course Title</b>	Introduction to Painting from Life
<b>Tutor</b>	James Bland NEAC
<b>Day &amp; time</b>	Thursdays 10am - 5pm (4.45 - 5pm to clean up)
<b>Dates</b>	20/04/17 -22/06/17
<b>Course Code</b>	D1602DP18
<b>Level</b>	Beginner/ All (mixed ability class) (level 1+)
<b>Room</b>	Studio 5
<b>Cost</b>	£495



### **What is this course about?**

Introducing the practice of painting from life, otherwise known as direct observation

### **What topics do we cover?**

Handling & applying paint  
Developing tonal awareness  
Understanding colour mixing  
Understanding measurement  
Techniques for painting from life from art history and contemporary practice  
A methodical approach to analysing form and colour  
Painting still life and interior from life  
Painting from the model

### **By the end of this course you will:**

Know how to measure and analyse colour and tone  
Have an overview of the history of observational painting  
Be experienced in a range of life painting techniques  
Be equipped to join higher-level figure and portrait classes with confidence

### **What level is the course and do I need any particular skills?**

Beginner level. It may be useful to have taken an Introduction to Oil Painting course but this is not necessary.

## How will I be taught, and what feedback and support will I get?

Your experienced tutor will support you throughout the course in both group sessions and one-to-one support providing regular feedback, critique and constructive advice. Each course ends in a final round up session and should you wish for any specific feedback or support, please speak with your tutor at the start of your course.

## About your tutor

**James Bland** is an oil painter and a member of the New English Art Club. He teaches figure and portrait painting from life at all levels. He has won numerous prizes, including first prize in the Winsor & Newton Oil Painters Awards in 2013 and the Doreen McIntosh Prize at the New English Art Club in 2015. His work is in private collections internationally and he exhibits at various galleries in the UK and overseas.

## Weekly breakdown

Courses at the Art Academy offer a structured approach to ensure specific subjects, skills and methods are covered. Below is a weekly breakdown of what will be covered. Bear in mind that these classes will move with the pace of the class so a degree of flexibility of what will be covered on which day will be employed.

Week	Date	Topic/skills covered	Location	What to bring	Model
1	20 April	Introduction to painting materials in the morning will be followed by a limited palette painting of the studio space in the afternoon.	James Bland	1 x canvas panel approx. 16" x 12" plus painting equipment	NO
2	27 April	In the morning, a discussion about tone including video clips, followed by a simple still life painting in black and white.	James Bland	1 x canvas panel approx. 16" x 12" plus painting equipment	NO
3	04 May	A mini lecture about colour followed in the afternoon by a practical painting exercise using the full palette in relation to a new simple still life subject.	James Bland	1 x canvas panel approx. 16" x 12" plus painting equipment	NO
4	11 May	A talk and a demonstration about measurement will be followed by a simplified painting of a much more ambitious still life subject.	James Bland	1 x canvas panel approx. 20" x 16" plus painting equipment	NO

5	18 May	Using the approaches introduced in previous weeks, students will paint a portrait from life.	James Bland	1 x canvas panel approx. 16" x 12" plus painting equipment	YES
6	25 May	A discussion with video clips about the aims and intentions of significant painters who work or worked from life, followed by a painting of the studio with people working.	James Bland	1 x canvas panel approx. 20" x 16" plus painting equipment	NO
7	01 June	Introduction to painting from the model. There will be 2-3 short poses and you will use a limited palette to focus on tone and drawing.	James Bland	3 x canvas panel 10" x 12" plus painting equipment	YES
8	08 June	You will spend the day making a transcription of a figure painting that was painted from life by one of a range of artists suggested by the tutor.	James Bland	1 x canvas panel 20" x 16" plus painting equipment	NO
9	15 June	Using the approaches taught in previous weeks, you will begin a two-week painting from the model	James Bland	1 x canvas panel 20" x 16" plus painting equipment	YES
10	22 June	Completion of the two-week life painting, followed by a discussion of the work.	James Bland	as above	YES

## Preparation Requirements & Additional Costs

**STUDENTS MUST BRING THEIR OWN MATERIALS.**

Below is a list of what is currently required for the course. Please also check the 'what to bring' sections above. Your tutor will advise if further materials or equipment are required as the course progresses.

- Brushes – Hogs hair brushes (Filbert no. 7 & 10, round no. 4, flats), acrylic brush round (inc no. 2)
- Only odourless spirits, Sansodor or Zest-it (the Academy is a white spirit free environment)

- small jar (approx 200gms)
- Jam jar with lid
- Tear-off paper palette (large)
- Oil colours: Cadmium Red, Alizarin Crimson, French Ultramarine Blue, Cerulean Blue, Cadmium Yellow, Cadmium Lemon Yellow, Burnt Umber, Titanium White,
- Apron or old shirt
- Old rags
- Baby wipes and/or kitchen roll
- Surfaces (specified each week)

If you do not have your own painting materials, there is an option to order an **Oil Painting Pack** at the time of booking which will be available when you arrive for your first class. You can purchase this via the following link;

<http://artacademy.org.uk/evening-classes/materials/>

An **Oil Painting Pack** (£50.00) contains:

A set of bristle brushes, both flat and round, suitable for either oils or acrylics

One tear off palette (9"x12")

One palette knife

One bottle Zest-it (250ml)

One 10"x 12" canvas board

One 10"x 14" canvas board

Two 12"x 16" canvas boards

6 Daler Rowney (*Georgian*) oil tubes: Titanium White, Cadmium Yellow, Alizarin Crimson, Cadmium Red, French Ultramarine and Burnt Umber

Certain materials can also be purchased from the Academy shop during shop hours. Please check in advance of your class if the item you require is available, as the Academy may not have this in stock.

## Resources & Further Reading

1. Camp, J, 1990, *Paint*, DK Adult
2. Kehoe, C, *Image Mine*, an online resource for painting from life:  
[www.kehoeimagemine.com](http://www.kehoeimagemine.com)
3. Plotkin, N, September 10 2010, *Painting Perceptions*:  
<http://paintingperceptions.com/slade-school-of-art-part-two-william-coldstream/>
4. Rothschild, H, September 30 2013, *Daily Telegraph*:  
<http://www.telegraph.co.uk/culture/art/art-features/10336972/Frank-Auerbach-An-interview-with-one-of-our-greatest-living-painters.html>
5. Groff, L, December 5 2014, *Painting Perceptions*:  
<http://paintingperceptions.com/interview-with-ann-gale/>
6. Haas, C, October 4 2011, *Artists' Network*:  
<http://www.artistsnetwork.com/articles/art-demos-techniques/redrawing-and-repainting-a-demo-by-ilaria-rosselli-del-turco>

## Welcome to The Art Academy

We are looking forward to welcoming you to The Art Academy and wish you the very best for your course. If at any time you would like to speak to a member of the team please feel free to contact us using the details below.

We value feedback on all of our courses so please keep us posted on your progress.

## Who can I contact for further information?

General information and advice on courses at The Art Academy is available from the main office, open Monday to Friday 09:00 – 17:00 during term time.

Tel: +44 (0) 20 7407 6969 or email our Administrator, Aimee Briginshaw:  
info@artacademy.org.uk

## Location

The Art Academy is conveniently located minutes away from London Bridge (Northern and Jubilee lines, National Rail services) and Borough (Northern line) underground stations - follow signs for Borough High Street to exit. Please [click here](#) for a map.

Just moments walk from the Thames, the Art Academy is also ideally located for access to:

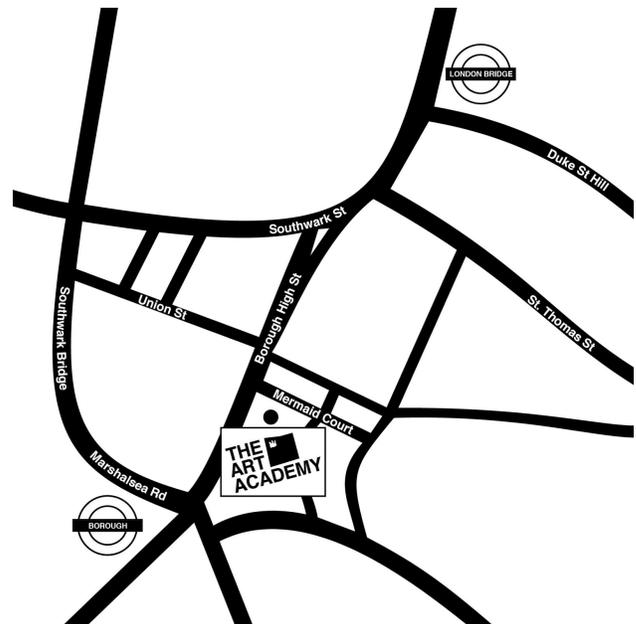
White Cube  
Tate Modern  
Jerwood Gallery

If you would like to make the most of the area a member of the team will be happy to advise you on areas of interest locally.

## Refreshments & Facilities

All students have access to the common room located in the Barn, on the ground floor of the Mermaid Court building. Here you will have use of a fridge, kettle, microwave and eating area.

There is a wealth of supermarkets, shops and cafes in the area as well as the world-famous Borough Food Market, five minutes walk away.



## **Disabled Access**

We make every effort to accommodate students' access requirements, but if you have mobility issues, please speak to a member of the Academy team before booking.

## **Further Details**

- You will need to have paid in full for your class before the first session of your class, your place is not guaranteed until we have received payment.
- If you purchased a materials pack online (painting or drawing classes) this will be given to you on the first session of your course upon your arrival.
- Ensure that you wear old clothing, as you may get messy!
- All artwork at the Academy **MUST** be taken home at the end of the course.
- Please ensure that your mobile phone is switched off, or is on silent, during the class.
- Please read the Health and Safety Guidelines carefully, provided at the beginning of your course.